

Part 2: Happy Conditioning: Seducing Through Sensory Associations + Something Else

First of all, you can condition a woman to want sex through smell (that's a fact).

Basically, you can condition humans (and many animals) using a "smell association".

That's already been proven.

So with that knowledge, it's important to know that it's even more powerful when you "stack" associations. (If you one of the very few guys who have done this before, you're probably smiling because you know where I'm going with this...)

Here's how it works.

If every time you had sex (assuming that she was in a sexually aroused state), you had a certain scent of candle burning + you had on a new scent + a particular song was playing + you touched her a certain way...

...then you would have 4 sensory associations at work.

That's basic knowledge, so here's where it gets exciting.

The more you do those 4 things each time you have sex, the stronger the brain association...

Basically the same "path of neurons" in the brain (think constellations of stars) keep lighting up over and over again -- and the more they light out, the stronger the association...

The brain links emotional responses with elements that are in the environment.

Another way to think about it: It's kind of like walking in a certain path of a grassy field over and over again. If you keep walking in the same place, pretty soon a "path of no-grass" will be created and it will be easier to walk through...

So the more you do it, the easier it will become to trigger the response. By the way, don't just add this to your 'things that you know' list – actually do it! (Because once you are able to 'trigger' sexual arousal through your own efforts, everything changes.

A whole new world opens up.

Also, the more "associations" the better

The more senses you involve the better

The more you link her 'horny state' with those set of associations, the better

Here's another concept that no one really talks about...

I refer to it as 'sequential conditioning'...

Generally it's easier to move a person from one a state of mind that is pretty close or similar to that state...

To put simply, it's easier to make a person happy, if they are in a neutral state of mind verses if they were in a depressed state of mind, because depression is further away from happiness on the Emotional Spectrum..

With that said, you could break up her horny state into roughly 3 levels (as a beginner approach).

And then you could use a set of associations for each level and then progressively ramp things up.

so you could use lemon candle + peppermint soap + "eating strawberries" -> for **LOW LEVEL HORNINESS**

Almond oil + certain voice tone + something else -> for **MILD LEVEL...**

Then, apple candle + a certain song + something else for **HIGH LEVEL HORNINESS...**

Sequential Condition is powerful because it's realistic.

It could be thought as the missing link for those who have struggled with getting 'conditioning' (i.e. anchors) to work because of the fluidity of emotional transitioning.

In other words, a woman normally doesn't go from being "Cold Not In The Mood" to Steamy Hot Horny" in a matter of seconds (or just because the 'trigger' was activated)...

I'm not saying that it isn't possible. I'm just stating that in most cases, the process is more gradual. In fact a woman's brain is **VERY RESPONSIVE** to gradual approaches.

In fact, you may have noticed that many women you know tend to take a gradual approach to many aspects of life.

Here's where it gets interesting. I explained 'the concept of conditioning' to my wife a few years ago and not only did she immediately get it, she's way more effective at using it as a seductive tool than I am.

In fact, she ended up 'secretly conditioning' me to a certain scent (she has a natural soap business -> <http://www.burgundysoap.com>)

She ended up later educating me about “natural essential oils” and how some of them have aphrodisiac properties...

At the time, she wanted me to blend up some ingredients to create a soap that she could sell to men... (this was like, 4 years ago)

I said "Ok. Give me all the oils that have aphrodisiac properties."

You see where I'm going with this. I wanted to use "the soap" as a tool (all by itself) to get her in the mood – like she did.

Well, to be honest, it didn't work when I tested it.

I wanted it to work, but it didn't.

Of course, I wasn't taking a 'condition approach' (which would have been 'getting her horny first' and then exposing her to the smell while she was horny). I was trying to get her aroused just by smelling since according my research the ingredients in the soap that I created had aphrodisiac properties.

[<http://www.burgundysoap.com/magnetism.html>]

Again, it didn't work like I expected.

So, she ended up telling me one day, that for the past 6 months she had been conditioning me to 'get in the mood' instantly over a certain scent. Here's the crazy part - not only did she secretly do this to me, but she taught all of her female friends to do it, too... (not with me, with their boyfriends. lol)

Again, she took a 'condition approach'.

I personally use other sensory conditioning approaches very successfully and that is the reason why I'm not urging you to do Sequential Conditioning, because it's massively more powerful than doing 'single sensory conditioning' or 'single step conditioning'

So if you want to do the 'smell' version, you could go to a place nearby that sells natural soap or essential oils. Or you could go to a store that sells candles.

The trick with conditioning is you want the association to be “new”. Don't try to condition her with something she has already smelled before chances are her brain has already recorded the associations.

For example, some women burn candles when they get stressed out. They smell it, get relaxed and fall asleep.

I think natural products are better, because the scent itself allows 'natural molecules' (that the body likes) to enter through her nose and affect her on a greater level.

Most department stores sell natural candles. Again, just make sure it's something she never smelled before.

During sex (when she is sexually aroused) you could say 'I'll be right back' and then come back after you have rubbed natural oils on you.

Do this each time (to train her brain) you have sex with her.

Again, this is something you'll want to actually do, because everything changes after that.

Take Care

Warmly

CR James

<http://GetHerHorny.com> (coming soon)